



16516 - THEORY OF SPORTS AND PHYSICAL ACTIVITY (2020-21)

General

Code: 16516

Lecturer responsible:

PONCE GEA, ANA ISABEL

Credits ECTS:	6,00
Theoretical credits:	0,60
Practical credits:	1,80
Distance-base hours:	3,60

Departments involved

- **Dept:** GENERAL DIDACTICS AND SPECIFIC DIDACTICS

Area: PHYSICAL EDUCATION AND SPORT

Theoretical credits: 0,3

Practical credits: 0,9

This Dept. is responsible for the course.

This Dept. is responsible for the final mark record.

- **Dept:** GENERAL DIDACTICS AND SPECIFIC DIDACTICS

Area: EDUCATION THEORY AND HISTORY

Theoretical credits: 0,3

Practical credits: 0,9

Study programmes where this course is taught

- DEGREE IN PHYSICAL ACTIVITY AND SPORTS SCIENCES
Course type: CORE (Year: 1)

Competencies and objectives

Provisional information. Pending approval by the School/Faculty Board.

Course context for academic year 2020-21

The purpose of the degree is to train students in the following professional profiles: teaching of physical education, sports training, physical activity and health, management and sports recreation. Therefore, this subject is directly linked to the acquisition of the necessary skills to achieve an adequate training in each of the professional profiles.

Course content (verified by ANECA in official undergraduate and Master's degrees)

General Competences (CG)

- **CG1.1** : Capacity to identify, list, analyse, synthesise and apply the conceptual content determined by the subjects studied for the Sciences of Physical Activity and Sport degree.
- **CG1.2** : Capacity to manage information and knowledge in new and complex situations, solve problems and take decisions to develop instrumental content and procedures for the subjects in the Sciences of Physical Activity and Sport degree course.
- **CG2.1** : Ability for oral and written communication when developing conceptual and procedural content, with special attention to mastering argument and critical reasoning in the subjects in the Sciences of Physical Activity and Sport degree course.
- **CG2.2** : Use and integration of computing as applied to the subjects studied in the Sciences of Physical Activity and Sport degree course.
- **CG5.1** : Commitment to the values of equality with regard to questions of gender, diversity and democracy when practising physical activity and sport.
- **CG5.2** : Commitment to ethical values in sporting competition.

Specific Competences (CE)

- **CE13** : Capacity to design, apply and evaluate high-quality processes, programmes and projects in the field of promoting long-lasting and autonomous habits of practising physical activity and sport, paying special attention to diversity and multiculturalism.
- **CE7** : Capacity to manage and apply knowledge of the foundations of sport.

Exclusive skill taught in this course

No data

Learning outcomes (Training objectives)

No data

Specific objectives stated by the academic staff for academic year 2020-21

1. Know and understand the historical evolution of physical activity and sports
2. Analyze the variation of forms and functions of physical activity and sports in different cultures.
3. Understand, through the pedagogical axiology, the sense of values in the integration of the beneficiaries of physical-sporting activities, while also favoring integration and interculturality.
4. Design and experiment different intervention strategies in values of education.
5. Master general and specific bibliographic search processes, as well as analyze written and visual documents related to the contents of the subject.
6. Know and apply basic research techniques in the sciences of physical activity and sports.

Content and bibliography

Content for academic year 2020-21

SECTION I. GENERAL INTRODUCTION AND REVISION OF FUNDAMENTAL CONCEPTS.

Topic 1 (C.T.) Justification, contextualization and meaning of the subject, in the body of knowledge that constitutes the Degree.

Topic 2 (C.T.) Fundamental concepts: human motility; physical activity; physical exercise; game; Physical education; sport Semantic field and specific terminology.

BLOCK II. ANTHROPOLOGICAL PERSPECTIVE OF PHYSICAL ACTIVITY AND SPORTS.

Theme 1 (C.T.) The structure of the person and nomological network of education. Applications to "body", "corporality" and "corporeity".

Topic 2 (C. T.-P.) Basic concepts of socio-cultural Anthropology: culture and cultures; enculturation-acculturation-syncretism; physical and sporting activities as an example of cultural diversity.

BLOCK III. HISTORIC PERSPECTIVE OF PHYSICAL ACTIVITY AND SPORTS.

Topic 1 (C.T.) Origins of physical and sporting activities in the Ancient Age: Mesopotamia and Egypt; India and China; Mediterranean cultures: Crete and Mycenae, Greece and the Ancient Olympic Games, Rome.

Theme 2 (C.T.) Physical and sporting activities in the Middle Ages and in the first part of the Modern Age: Europe; Mesoamerican cultures.

Unit 3 (C. T.-P.) Physical and sporting activities in the second part of the Modern Age and in Contemporary Age: Europe; The Illustration, the gymnastic movements and the Anglo-Saxon sport.

Topic 4 (C. T.) Olympism. Ideario, regulations and organization. Socioeconomic and political aspects of the modern Olympic phenomenon.

BLOCK IV. INTRODUCTION TO SCIENCE AND THE EPISTEMOLOGY OF THE SCIENCES OF PHYSICAL ACTIVITY AND SPORTS.

Theme 1 (C.T.) Sciences, Social Sciences and Education Sciences. Epistemological conceptions of physical activity.

Topic 2 (C.T.) The scientific method in research in sports sciences. Observation and experimentation; The classic model of scientific research; the scientific model of the Social Sciences; Normativity and objectivity: judgments of value and trials of fact.

BLOCK V. SYNCHRONIC AND TRANSCULTURAL PERSPECTIVE OF PHYSICAL ACTIVITIES AND SPORTS.

Theme 1 (C.T.). Society and sport. Physical activity, values and social norms. Participation and belonging. sociocultural Role of the social agents that intervene in sports practices.

Topic 2 (C.T.-P.) Physical activities as a means of integrating groups and people with NEE. Equal opportunities of gender relations.

Topic 2 (C.T.-P.) Mass media and its influence on physical and sports activities; critical analysis

Topic 3 (C.T.-P.): The political economy in physical and sports activities; sport financing; physical and sports activities as a consumer product; professional sport

(C.T.): Theoretical Contents

(C.T.-P.): Theoretical-Practical Contents

Related links

<http://blogs.ua.es/georgescu78>

Blog de la asignatura. Contendidos teóricos, enlaces a documentales, información general

http://ancientolympics.arts.kuleuven.be/rings_eng.html

Muy interesante para conocer los Juegos Olímpicos de la antigüedad griega y el tratamiento de la actividad física en la Grecia Clásica

<http://www.sportinhistory.org>

web británica historia del deporte

<http://www.olympic.org>

comité olímpico internacional

<http://www.ioa.org.gr/>

Web de la Academia Olímpica Internacional. Institución dependiente del Comité Olímpico Internacional, dedicada a la formación e investigación y difusión del Olimpismo y la Educación Olímpica.

<http://www.journalofsporthistory.org>

web norteamericana sobre el tema

<https://football-origins.com/>

Interesante web sobre los orígenes del fútbol

<http://www.revista-apunts.com/>

Revista publicada desde 1985 por el INEFC de Cataluña. Publicación muy conocida y referente en el campo de la educación física y el deporte

<http://www.jhse.ua.es/>

Revista electrónica editada por el área de Educación Física y Deporte de la Facultad de Educación de la Universidad de Alicante. Es una publicación de "Alto Impacto" en las Ciencias de la Actividad Física y el Deporte.

<http://www.tasplay.org/>

Web de la asociación para el estudio del juego, creada en 1973 por la emblemática antropóloga del deporte Alyce Taylor Cheska.

<http://www.coe.es>

comité olímpico español

<http://www.consejo-colef.es/publicaciones/>

Revista publicada por el Consejo General de Colegios de Licenciados en Educación Física y Deporte y en Ciencias de la Actividad Física y el Deporte.

<http://www.efdeportes.com/>

Revista electrónica, del ámbito cultural y lingüístico Iberoamericano, que publica multitud de artículos de diversa índole: teoría y didáctica de la educación física, educación deportiva, estudios técnico-científicos sobre deporte, etc.

<http://www5.uva.es/agora/>

Revista electrónica "ÁGORA para la Educación Física y el Deporte". Revista internacional, confeccionada por la Universidad de Valladolid, en la que participan académicos de Europa, América y oceanía.

Bibliography

Historia cultural del deporte

Author(s): Mandell, Richard D.

Issue: Barcelona : Bellaterra, 2006;

ISBN: 978-84-7290-321-0

Category: Básico

El deporte en Occidente: historia, cultura y política

Author(s): SALVADOR ALONSO, José Luis

Issue: Madrid : Cátedra, 2004;

ISBN: 978-84-376-2189-0

Category: Básico

La barbarie deportiva: crítica de una plaga mundial

Author(s): Perelman, Marc

Issue: Barcelona : Virus, 2014;

ISBN: 978-84-92559-54-1

Category: Básico

Deporte y ocio en el proceso de civilización

Author(s): Elias, Norbert; Dunning, Eric

Issue: México : Fondo de Cultura Económica, 1992;

ISBN: 84-375-0310-8

Category: Básico

Sociología del deporte

Author(s): GARCÍA FERRANDO, Manuel (comp.); DURÁN GONZÁLEZ, Javier...[et al.]

Issue: Madrid : Alianza Editorial, 2002;

ISBN: 978-84-206-8279-2

Category: Complementario

Antropología del deporte

Author(s): Kendall Blanchard, Alyce Taylor Cheska

Issue: Barcelona : Bellaterra, 1986;

ISBN: 978-84-7290-044-8

Category: Complementario

¡El fútbol es así! (Soccernomics): una explicación económica sobre los mitos y verdades del deporte

Author(s): KUPER, Simon; SZYMANSKI, Stefan

Issue: Barcelona : Empresa Activa, 2010;

ISBN: 978-84-92452-52-1

Category: Complementario

Cultura y guerra del fútbol: análisis del mensaje informativo

Author(s): Paniagua Santamaría, Pedro

Issue: Barcelona : UOC, 2009;

ISBN: 978-84-9788-794-6

Category: Complementario

Assessment

Provisional information. Pending approval by the School/Faculty Board.

Assessment procedures and criteria 2020-21

Global Evaluation.

The student apprenticeship assessment system is made up of:

- 1.- The realization of the activities proposed in the theoretical and practical seminars, which allows students to obtain up to 40% of their final qualification in the subject.
- 2.- The elaboration of a group work, which incorporates 30%
- 3.- A final test or assessment test of the contents that make up the subject, with a contribution of 30% to the final qualification of the students with a minimum value of 4 points to pass

Students who have the right to an alternative assessment system in accordance with the circumstances and deadlines set in the Regulations of Adaptation of the Curriculum of the UA will be made with direct communication with the teaching staff, in order to establish the procedure of The assessment that best suits the circumstances of the students without affecting the fundamental teaching aspects included in this guide (professional competences, academic content). As a general rule, according to their cataloging as recoverable practices, these will be the ones that are the preferred object of the corresponding adaptations. (activities proposed in the theoretical and practical sessions).

On the other hand, in general, students in the aforementioned case will have the right to:

- justify 25% of your absences provided you present the corresponding official document justification
- To adjust the evaluation tests with prior warning to the teachers up to a maximum of 5 teaching days and present the appropriate justification
- Update the delivery of classroom practices up to three school days more than the rest of the students provided that it demonstrates the coincidence with activities that impede the delivery on the date of a general nature for the students and presenting the official accreditative justification .

Description	Criteria	Type	Weighting system
PRACTICES	<p>- practical activities in the classroom to be carried out throughout the course:</p> <p>Individual conceptual analysis and / or pairs of practical cases, both audiovisual (documentaries, films) as written (texts, articles, documents) related to the contents of the subject. They will have a value of 40% in the final note. These activities will be tutored, in the classroom, by the teacher.</p> <p>Practical activities will only be recoverable during the extraordinary period through specific questions in the final exam. In these questions it will be necessary to obtain a score of 4 out of 10 to approve</p> <p>Alternative evaluation system</p> <p>Exclusive and only for the students with curricular adaptation granted in the periods established by regulation, these activities will be recoverable in the ordinary period by means of specific questions of practical application to be carried out on the date of the final examination and jointly with the latter. In these specific questions you will need to obtain a minimum score of 4 points out of 10 total to approve</p>	ACTIVITIES OF EVALUATION DURING THE SEMESTER	40

group work	<p>Group work of a practical nature with classroom presentation. It will have a value of 30% in the final note.</p> <p>Realization of documents that develop the contents of the subject. The criteria and conditions for their realization are agreed with the teaching staff during the first two weeks of the semester. This work must be delivered prior to the final examination of each evaluation period. The students that justify it can do it individually.</p> <p>It is not possible for the characteristics of the work to carry out a test that allows to verify if the students have known first hand the practical application of the contents that are requested so this work has the cataloging of activity NOT RECOVERABLE, noting that the students have a period of several months for its elaboration and delivery</p> <p>Alternative evaluation system</p> <p>For the students with curricular adaptation granted in certain and exceptional circumstances, whenever the professorate considers it, it can be substituted by analysis of specific bibliography selected by the teaching staff and formulation of reading guides and questionnaires; writing works with a scientific format.</p>	ACTIVITIES OF EVALUATION DURING THE SEMESTER	30
OBJECTIVE TEST	<p>Final objective test</p> <p>Conducted in official calls. It will have a value of 30% of the final mark. It will be necessary to obtain a minimum score of 4 points out of 10 to approve</p>	FINAL TEST	30

Official exam dates for academic year 2020-21

No data



Academic staff

**PONCE GEA, ANA ISABEL**

Lecturer responsible

THEORY CLASS: Groups: 1

THEORETICAL/PRACTICAL SEMINAR / WORKSHOP: Groups: 1B

**GARCIA CONESA, ENRIQUE JOSE**

THEORY CLASS: Groups: 4

THEORETICAL/PRACTICAL SEMINAR / WORKSHOP: Groups: 4

**SEBASTIA MARHUENDA, JORGE**

THEORY CLASS: Groups: 1

THEORETICAL/PRACTICAL SEMINAR / WORKSHOP: Groups: 1A

Groups

THEORY CLASS

Group	Semester	Morning or afternoon session	Language	No. of enrolled students
Gr. 1 (THEORY CLASS) : 1	2S	Morning	CAS	83
Gr. 4 (THEORY CLASS) : 4 HIGH ACADEMIC PERFORMANCE GROUP (ARA)	2S	Morning	ANG	7

THEORETICAL/PRACTICAL SEMINAR / WORKSHOP

Group	Semester	Morning or afternoon session	Language	No. of enrolled students
Gr. 1A (THEORETICAL/PRACTICAL SEMINAR / WORKSHOP) : 1A	2S	Morning	CAS	41
Gr. 1B (THEORETICAL/PRACTICAL SEMINAR / WORKSHOP) : 1B	2S	Morning	CAS	42
Gr. 4 (THEORETICAL/PRACTICAL SEMINAR / WORKSHOP) : 4 HIGH ACADEMIC PERFORMANCE GROUP (ARA)	2S	Morning	ANG	7

Timetables

THEORY CLASS

Group	Start date	End date	Day	Start time	End time	Lecture room
1	03/02/2021	26/05/2021	VIE	10:00	11:00	ED/0-10 
4	03/02/2021	26/05/2021	JUE	10:00	11:00	ED/1-20 

THEORETICAL/PRACTICAL SEMINAR / WORKSHOP

Group	Start date	End date	Day	Start time	End time	Lecture room
1A	03/02/2021	26/05/2021	VIE	11:00	14:00	ED/0-10 
1B	03/02/2021	26/05/2021	JUE	11:00	14:00	ED/0-10 
4	03/02/2021	26/05/2021	JUE	11:00	14:00	ED/1-20 