



16517 - SPORTS WITH EQUIPMENT (2020-21)

General

Code: 16517

Lecturer responsible:

CEJUELA ANTA, ROBERTO

Credits ECTS:	6,00
Theoretical credits:	0,60
Practical credits:	1,80
Distance-base hours:	3,60

Departments involved

- **Dept:** GENERAL DIDACTICS AND SPECIFIC DIDACTICS
Area: PHYSICAL EDUCATION AND SPORT
Theoretical credits: 0,6
Practical credits: 1,8
This Dept. is responsible for the course.
This Dept. is responsible for the final mark record.

Study programmes where this course is taught

- DEGREE IN PHYSICAL ACTIVITY AND SPORTS SCIENCES
Course type: COMPULSORY (Year: 1)

Competencies and objectives

Provisional information. Pending approval by the School/Faculty Board.

Course context for academic year 2020-21

The subject simultaneously deals with theoretical and practical contributions related to sports such as field hockey, badminton and paddle tennis. The basic learning contents of the specific techniques are developed, as well as the structure at both technical and tactical levels and the regulations. The basic knowledge will be given to be able to apply and develop the initiation - learning programs and their development in the different fields of sports practice.

Course content (verified by ANECA in official undergraduate and Master's degrees)

General Competences (CG)

- **CG2.1** : Ability for oral and written communication when developing conceptual and procedural content, with special attention to mastering argument and critical reasoning in the subjects in the Sciences of Physical Activity and Sport degree course.
- **CG4.1** : Ability for interpersonal, and effective relationships and emotional control during teamwork and the development of leadership when carrying out learning activities and tasks in the subjects on the Sciences of Physical Activity and Sport degree course.
- **CG4.2** : Development of responsibility and the capacity for initiative, entrepreneurial spirit and originality in the instrumental learning of the subjects on the Sciences of Physical Activity and Sport degree course.
- **CG5.1** : Commitment to the values of equality with regard to questions of gender, diversity and democracy when practising physical activity and sport.
- **CG5.2** : Commitment to ethical values in sporting competition.

Specific Competences (CE)

- **CE14** : Master the basic techniques of different sports so as to be able to execute them efficiently.
- **CE15** : Capacity to design, apply and evaluate high-quality processes, programmes and projects to control the training programmes of individual and team sports, sports using implements, marine sports, gymnastic skills and Valencian pelota, knowing how to select and use the appropriate sports material and equipment for each kind of activity.
- **CE16** : Competence to analyse technical gestures, detecting basic errors relating to specific skills in sports training and discovering their possible causes.
- **CE7** : Capacity to manage and apply knowledge of the foundations of sport.

Exclusive skill taught in this course

No data

Learning outcomes (Training objectives)

No data

Specific objectives stated by the academic staff for academic year 2020-21

- Ability to know and analyze the basic principles of sports with implements.
- Ability to demonstrate and evaluate performance in sports with implements.
- Ability to transmit values in the practice of sports with implements.
- Apply knowledge about sports with implements.
- Ability to transmit technical, tactical and regulatory elements in sports with implements.

Content and bibliography

Content for academic year 2020-21

FIELD HOCKEY:

1. Introduction to the History of Field Hockey.
2. Basic safety rules.
3. The stick. Grass and Room.
 - 3.1 The stick handle.
4. Technical elements of attack:
 - 4.1 Driving with the right.
 - 4.2 Right-backhand driving.
 - 4.3 Basic hits.
 - 4.4 The Push.
 - 4.5 The Reception.
 - 4.6 Dribbling.
 - 4.7 Most frequent errors.
5. Technical defense elements:
 - 5.1 Basic position.
 - 5.2 Types of defense.
 - 5.3 The Tackle. Front, accompanied and backwards.
 - 5.4 Most frequent errors.
6. The rules and regulations of the game.
 - 6.1 In Indoor Hockey.
 - 6.2 In Field Hockey.
7. Exercises and specific games of application in the initiation to Hockey.

RACKET SPORTS:

1. History and evolution of racket sports.
2. Vocabulary
3. Regulations.
 - 3.1 Rules of the game.
 - 3.2 Measurements and parts of the field.
 - 3.3 Game material. Alternative material.
4. Technical Foundations. Methodological progression.
 - 4.1 Paddle
 - 4.2 Shovels
5. Tactical Foundations.
6. Training objectives of the different stages of promotion.

BADMINTON:

1. Introduction to the History of Badminton.

2. The Field of Play.
 - 2.1 Service area for individuals.
 - 2.2 Service area for doubles.
 - 2.3 Play area for individuals.
 - 2.4 Play area for doubles.
3. The Net and the Posts.
4. The Racket.
5. The Steering Wheel.
6. Basic Technique.
 - 6.1 The racket grip.
 - 6.2 The basic execution of the blow.
 - 6.3 Basic playing position.
 - 6.4 Placement in the field.
 - 6.5 Position on the field before receiving the service.
 - 6.6 Position in the field before the auction.
7. The Displacements.
8. The serves.
 - 8.1 The basic blow.
 - 8.2 The serve in the individual game.
 - 8.3 The serve in the doubles game.
9. The Tactic.
 - 9.1 Attack and defense.
 - 9.2 The tactic in the doubles game.
 - 9.3 Game systems.
 - 9.4 Use of the blows in the Individual game and in Doubles.

Related links

<http://www.fihockey.org/>
Federación Internacional de Hockey

<http://www.eurohockey.org/>
Federación Europea de Hockey

<http://www.rfeh.com/>
Real Federación Española de Hockey

<http://www.fhcv.es>
Federación Hockey de la Comunidad Valenciana

<http://www.hockeysanvicente.es/>
Club de Hockey San Vicente

<http://www.rfeh.com/>
Página web de la Real Federación Española de Hockey.

<http://www.badminton.es/>
Página web de la Federación Española de Badminton.

<http://www.padelfederación.es/>
Página web de la Federación Española de Pádel.

<http://www.ehlhockey.tv/>
Liga internacional de hockey

Bibliography

Physiological tests for elite athletes

Author(s): Gore, Christopher John

Issue: Champaign, IL : Human Kinetics, 2013;

ISBN: 978-0-7360-9711-6

Category: Sin especificar

Reglamentos Oficiales de hockey hierba y sala

Author(s): REAL FEDERACIÓN ESPAÑOLA DE HOCKEY

Issue: Madrid : REAL FEDERACIÓN ESPAÑOLA DE HOCKEY, 0;

ISBN: -

Category: Sin especificar

Análisis de las características del juego en el badminton de competición

Author(s): Cabello Manrique, David

Issue: Almeria : Universidad de Almería, 2000;

ISBN: 978-84-8240-380-9

Category: Sin especificar

La enseñanza del hockey en la iniciación

Author(s): Guerra Reina, Antonio

Issue: Malaga : Diputación Provincial de Málaga, 1996;

ISBN: 978-84-7785-411-1

Category: Sin especificar

La ciencia del Hockey: sobre hierba artificial

Author(s): Wein, Horst**Issue:** Madrid : Consejo Superior de Deportes, 1985;**ISBN:** -**Category:** Sin especificar

Bádminton, floorball, expresión corporal y juegos

Author(s): autores, M José Bailach Invernón ... [et al.] ; ilustradora, Amparo Ortillés García**Issue:** Barcelona : INDE, 2004;**ISBN:** 8497290437**Category:** Básico

Los deportes de raqueta : modalidades lúdico-deportivas con diferentes implementos

Author(s): AZNAR MIRALLES, Rut**Issue:** Barcelona : INDE, 2014;**ISBN:** 978-84-9729-336-5**Category:** Complementario

Iniciación al bádminton

Author(s): Hernández Vázquez, Manuel**Issue:** Madrid : Gymnos, 1989;**ISBN:** 978-84-85945-47-4**Category:** Básico

Iniciación al bádminton

Author(s): Hernández Vázquez, Manuel

Issue: Madrid : Gymnos, 1989;

ISBN: 978-84-85945-47-4

Category: Básico

Anatomía del tenista: guía ilustrada para mejorar la fuerza, la velocidad, la potencia y la agilidad del tenista.

Author(s): ROETERT, Paul; KOVACS, Mark S.

Issue: Madrid : Tutor, 2012;

ISBN: 978-84-7902-906-7

Category: Básico

El tenis en la escuela

Author(s): Sanz Rivas, David

Issue: Barcelona : Paidotribo, 2004;

ISBN: 978-84-8019-734-2

Category: Básico

Plan de entrenamiento para jóvenes jugadores de hockey

Author(s): GUERRA REINA, Antonio ; SÁNCHEZ RAMA, José Luis; SERVER FERNÁNDEZ, José M^a

Issue: Valencia : Ajuntament de València, 2000;

ISBN: 978-84-95171-39-9

Category: Básico

1500 ejercicios para el desarrollo de la técnica, la rapidez y el ritmo en el tenis	
Author(s):	DEL FREO, Alessandro
Issue:	Barcelona : Paidotribo, 1998;
ISBN:	978-84-8019-367-2
Category:	Básico

Assessment

Provisional information. Pending approval by the School/Faculty Board.

Assessment procedures and criteria 2020-21

C3

A. Continuous assessment: Attendance to 80% of both theoretical and practical classes.
25%. Final exam, type A test, of theoretical content (date: official announcement). 25%. Making practical cases in the final exam (date: official call).
25%. Practical exam development of the technical skills learned during the subject (observation sheet-video filming). To be done during the end of each content block.
25%. 3 Works to deliver during the subject of each of the content blocks. To be done during the end of each content block.

B. Final Evaluation: Attendance to less than 80% of both theoretical and practical classes.
Final exam, 25% type B test, of theoretical content (date: official announcement).
25%. Making practical cases in the final exam (date: official call).
fifty%. Practical exam technical skills (observation sheet-video filming). To be done during the end of each content block.

C4

Final exam, 25% type B test, of theoretical content (date: official announcement). 25%. Making practical cases in the final exam (date: official call).
fifty%. The note of the practical exam and the works are kept. Or the practical test is repeated.

Description	Criteria	Type	Weighting system
Practical assessment	Practical exam of each content block: Field Hockey paddle Badminton	ACTIVITIES OF EVALUATION DURING THE SEMESTER	25
homework	1 work of each content module: Field Hockey paddle Badminton	ACTIVITIES OF EVALUATION DURING THE SEMESTER	25
Final evaluation	Exam about the contents of the subject.	FINAL TEST	50

Official exam dates for academic year 2020-21

No data



Academic staff



CEJUELA ANTA, ROBERTO
Lecturer responsible

THEORY CLASS: Groups: 1 , 4



JOVE TOSSI, MARCELO ALEJANDRO

PROBLEM PRACTICALS / WORKSHOP: Groups: 1A , 1B

Groups

THEORY CLASS



Group	Semester	Morning or afternoon session	Language	No. of enrolled students
Gr. 1 (THEORY CLASS) : 1	2S	Morning	CAS	77
Gr. 4 (THEORY CLASS) : 4 HIGH ACADEMIC PERFORMANCE GROUP (ARA)	2S	Morning	ANG	5

PROBLEM PRACTICALS / WORKSHOP

Group	Semester	Morning or afternoon session	Language	No. of enrolled students
Gr. 1A (PROBLEM PRACTICALS / WORKSHOP) : 1A	2S	Morning	CAS	41
Gr. 1B (PROBLEM PRACTICALS / WORKSHOP) : 1B	2S	Morning	CAS	36
Gr. 4 (PROBLEM PRACTICALS / WORKSHOP) : 4 HIGH ACADEMIC PERFORMANCE GROUP (ARA)	2S	Morning	ANG	5

Timetables

THEORY CLASS

Group	Start date	End date	Day	Start time	End time	Lecture room
1	03/02/2021	26/05/2021	MAR	14:00	15:00	ED/0-10 
4	03/02/2021	26/05/2021	MIE	11:00	12:00	ED/0-08 

PROBLEM PRACTICALS / WORKSHOP

Group	Start date	End date	Day	Start time	End time	Lecture room
1A	03/02/2021	26/05/2021	MIE	08:00	11:00	0001PB103 
1B	03/02/2021	26/05/2021	VIE	11:00	14:00	0001PB103 
4	03/02/2021	26/05/2021	MIE	12:00	15:00	0001PB103 