



University of
New Haven

Sport Psychology

SECTION I: Course Overview

Course Code: PSY351BCN

Subject Area(s): Psychology

Prerequisites: See Below

Language of Instruction: English

Total Contact Hours: 45

Recommended Credits: 3

COURSE DESCRIPTION

This course will introduce both the key concepts in the field of Sport Psychology as well as the practical applications of these concepts to current practices in exercise, sports, competition, health, wellness, and the individuals who draw upon these canons. In this course, students will consider questions such as:

- What role does Sport Psychology have the preparation of top athletes and those currently seeking to enhance athletic performance?
- Beyond physical training, what are the psychological components when training and competing in athletic events?

Beyond a model merely based on psychological theory, this course delves into how sports psychologists contribute to high performance for individual athletes and teams through motivation, concentration / attention, dedication, mindfulness, decision-making, and other behavioral factors. Students will gain a solid understanding of how Sports & Health Psychology is an essential component to training for peak performance. Experiential learning exercises will take students outside the classroom to engage with field professionals in the host city.

This course will provide a multi-faceted understanding of the theoretical and practical ways Sport Psychology can be applied not only for those aspiring to be sport psychologists, but also for those in the fields of physical education, coaching, recreation, health, etc.

LEARNING OBJECTIVES

Upon successful completion of this course, you will be able to:

- Gain practical experience in goal setting, behavior change, and maintenance of health and wellness.

- Identify and clarify the psychological principles of Sport Psychology that contribute to performance and exercise.
- Evaluate how psychological variables influence participation and performance while participating in physical activity to enhance psychological intervention skills for attaining goals and maintaining performance.
- Understand how participation and motivation in sport contributes to the psychological characteristics of an individual or team.
- Acquire skills, knowledge, and personal insight regarding sport psychology that you can apply as a coach, athlete, or other practitioner.

PREREQUISITES

Prior to enrolling, this course requires you to have completed an introductory course in Psychology.

SECTION II: Instructor & Course Details

INSTRUCTOR DETAILS

Name:	TBA
Contact Information:	TBA
Term:	SEMESTER

ATTENDANCE POLICY

This course will meet once weekly for 150 minutes each time for a total of 15 class sessions. All students are expected to arrive on time and prepared for the day's class session.

CEA enforces a mandatory attendance policy. You are therefore expected to attend all regularly scheduled class sessions, including any field trips, site visits, guest lectures, etc. that are assigned by the instructor. The table below shows the number of class sessions you may miss before receiving a grade penalty.

ALLOWED ABSENCES – SEMESTER TERMS		
Courses Meeting X day(s) Per Week	Allowed Absence(s)	Automatic Failing Grade at X th Absence
Courses meeting 1 day(s) per week	1 Absence	4 th Absence

For every additional absence beyond the allowed number, your final course grade will drop down to the subsequent letter grade (ex: A+ to A). As a student, you should understand that the grade penalties will apply if you are marked absent due to tardiness or leaving class early. In the table below, you will find the grade penalty associated with each excessive absence up to and including automatic course failure.

ATTENDANCE DOCKING PENALTIES				
Absence	1 st	2 nd	3 rd	4 th

Penalty	No Penalty	0.5 Grade Docked	1 Grade Docked	Automatic Failure
HIGHEST POSSIBLE GRADE AFTER ATTENDANCE PENALTIES				
Grade	A+	A	A-	F

CEA does not distinguish between excused and unexcused absences. As such, no documentation is required for missing class. Similarly, excessive absences, and the grade penalty associated with each, will not be excused even if you are able to provide documentation that shows the absence was beyond your control. You should therefore only miss class when truly needed as illness or other unavoidable factors may force you to miss a class session later on in the term.

GRADING & ASSESSMENT

The instructor will assess your progress towards the above-listed learning objectives by using the forms of assessment below. Each of these assessments is weighted and will count towards your final grade. The following section (Assessment Overview) will provide further details for each.

Class Participation	10%
Chapter Quizzes	20%
Midterm (Project I)	20%
Group Presentation	25%
Final (Project II)	25%

The instructor will calculate your course grades using the CEA Grading Scale shown below. As a CEA student, you should understand that credit transfer decisions—including earned grades for courses taken abroad—are ultimately made by your home institution.

CEA GRADING SCALE			
Letter Grade	Numerical Grade	Percentage Range	Quality Points
A+	9.70 – 10.0	97.0 – 100%	4.00
A	9.40 – 9.69	94.0 – 96.9%	4.00
A-	9.00 – 9.39	90.0 – 93.9%	3.70
B+	8.70 – 8.99	87.0 – 89.9%	3.30
B	8.40 – 8.69	84.0 – 86.9%	3.00
B-	8.00 – 8.39	80.0 – 83.9%	2.70
C+	7.70 – 7.99	77.0 – 79.9%	2.30
C	7.40 – 7.69	74.0 – 76.9%	2.00
C-	7.00 – 7.39	70.0 – 73.9%	1.70
D	6.00 – 6.99	60.0 – 69.9%	1.00
F	0.00 – 5.99	0.00 – 59.9%	0.00
W	Withdrawal	N/A	0.00
INC	Incomplete	N/A	0.00

ASSESSMENT OVERVIEW

This section provides a brief description of each form of assessment listed above. Your course instructor will provide further details and instructions during class time.

Class Participation (10%): Student participation is mandatory for all courses taken at a CEA Study Center. The instructor will use the rubric below when determining your participation grade. All students should understand that attendance and punctuality are expected and will not count positively toward the participation grade.

CLASS PARTICIPATION GRADING RUBRIC	
Student Participation Level	Grade
You make major & original contributions that spark discussion, offering critical comments clearly based on readings, research, & theoretical course topics.	A+ (10.0 – 9.70)
You make significant contributions that demonstrate insight as well as knowledge of required readings & independent research.	A/A- (9.69 – 9.00)
You participate voluntarily and make useful contributions that are usually based upon some reflection and familiarity with required readings.	B+/B (8.99 – 8.40)
You make voluntary but infrequent comments that generally reiterate the basic points of the required readings.	B-/C+ (8.39 – 7.70)
You make limited comments only when prompted and do not initiate debate or show a clear awareness of the importance of the readings.	C/C- (7.69 – 7.00)
You very rarely make comments and resist engagement with the subject. You are not prepared for class and/or discussion of course readings.	D (6.99 – 6.00)
You make irrelevant and tangential comments disruptive to class discussion. You are consistently unprepared for class and/or discussion of the course readings.	F (5.99 – 0.00)

Chapter Quizzes: Chapter quizzes will serve to assess your progress in meeting the course's learning objectives. Quizzes are individual assignments and will be completed online.

Midterm (Project I): The purpose of this individual assignment is for you to research, design, and create a college student athlete education awareness handout for use online by NCAA student athletes. Successful projects will use a combination of online resources and evidence-based sport psychology sources.

Group Presentation: This class uses the teaching case method to elicit your understanding and critical thinking process concerning issues in sport psychology. For this assignment, you will work in groups of 3-4 to develop a response communicating how your group might resolve an issue raised in the case using evidence to support your position.

Final (Project II): The purpose of this assignment is for you to design an evidence-based sport psychology program that achieves three outcomes: 1) Shows students can organize information and design a systematic learning, acquisition and performance model of mental and emotional skills and approaches to enhance individual or team performance, 2) Demonstrate the capability to use research evidence to guide program development, and 3) Evaluate the impact of the program on performance.

EXPERIENTIAL LEARNING ACTIVITIES (AICAP)

CEA courses are designed to include a variety of experiential learning activities that will take you out of the classroom and allow you to explore your local, host city. These activities may include field studies, guest lectures and/or activities offered through our Academically Integrated Cultural Activities Program (AICAP). The following experiential learning activities are recommended for this course:

Field Studies:

- **Site Visit:** [Il Museo Olimpico](#)
- **Championship Study:** [European Water Polo Championships](#)

REQUIRED READINGS

Reading assignments for this course will come from the required text(s) and/or the selected reading(s) listed below. All required readings—whether assigned from the text or assigned as a selected reading—must be completed according to the due date assigned by the course instructor.

- I. REQUIRED TEXT(S):** You may purchase the required text listed below prior to departure. This text is available in eBook format.

Gould, D., & Weinberg, R. (2015). *Foundations of Sport and Exercise Psychology*, 6th ed. Champaign: IL. Human Kinetics Publishers. 664 pgs.

- II. SELECTED READING(S):** The selected readings for this course are listed below. You will not need to purchase these readings; the instructor will provide these selected readings to you in class (either in paper or electronic format).

Readings related to “mental toughness” (section 2):

Jones, G. (2002). What is this thing called mental toughness? An investigation of elite sport performers. *Journal of Applied Sport Psychology*, 14(3), 205-218.

Jones, G., Hanton, S., & Connaughton, D. (2007). A framework of mental toughness in the world's best performers. *Sport Psychologist*, 21(2). 243-264.

Crust, L. (2008). A Review and conceptual re-examination of mental toughness of mental toughness: its implications for future researchers. *Personality and Individual Differences*, 45, 576-583.

Connaughton, D., Hanton, S., & Jones, G. (2010). The Development and Maintenance of Mental Toughness in the World's Best Performers. *Sport Psychologist*, 24(2). 168-193.

Weinberg, R., Freysinger, V., Mellano, K., & Brookhouse, E. (2016). Building mental toughness: Perceptions of sport psychologists. *The Sport Psychologist*, 30(3), 231-241.

Readings related to “injury, health and recovery” (section 3):

Arder, C. L., Kvist, J., & Webster, K. E. (2016). Psychological aspects of anterior cruciate ligament injuries. *Operative Techniques in Sports Medicine*, 24(1), 77-83.

Malempati, C., Jurjans, J., Noehren, B., Ireland, M. L., & Johnson, D. L. (2015). Current rehabilitation concepts for anterior cruciate ligament surgery in athletes. *Orthopedics*, 38(11), 689-696.

McArdle, S. (2010). Psychological rehabilitation from anterior cruciate ligament–medial collateral ligament reconstructive surgery: a case study. *Sports health*, 2(1), 73-77.

ADDITIONAL RESOURCES

In order to ensure you success abroad, CEA has provided the academic resources listed below. In addition to these resources, each CEA Study Center provides students with a physical library and study areas for group work. The Academic Affairs Office at each CEA Study Center also compiles a bank of detailed information regarding libraries, documentation centers, research institutes, and archival materials located in the host city.

- **UNH Online Library:** As a CEA student, you will be given access to the online library of CEA's School of Record, the University of New Haven (UNH). You can use this online library to access databases and additional resources while performing research abroad. You may access the UNH online library [here](#) or through your MyCEA Account. You must comply with [UNH Policies](#) regarding library usage.
- **CEAClassroom – Moodle:** CEA instructors use Moodle, an interactive virtual learning environment. This web-based platform provides you with constant and direct access to the course syllabus, daily schedule of class lectures and assignments, non-textbook required readings, and additional resources. Moodle includes the normal array of forums, up-loadable and downloadable databases, wikis, and related academic support designed for helping you achieve the learning objectives listed in this syllabus. The ceaClassroom website is located here: <https://www.ceaClassroom.com/>

During the first week of class, CEA academic staff and/or faculty will provide you with your Moodle credentials. They will also help you navigate through the many functions and resources Moodle provides. While you may print a hard copy version of the syllabus, you should always check Moodle for the most up-to-date information regarding this course. The instructor will use Moodle to make announcements and updates to the course and/or syllabus. It is your responsibility to ensure that you have access to all Moodle materials and that you monitor Moodle on a daily basis in case there are any changes made to course assignments or scheduling.

- **Online Reference & Research Tools:** The course instructor has identified the resources below to assist you with understanding course topics. You are encouraged to explore these and other avenues of research including the databases available via the UNH online library.
 - [NCAA Sport Science Institute](#)
 - <http://www.ncaa.org/sport-science-institute>

COURSE CALENDAR
Sport Psychology

SESSION	TOPICS	ACTIVITY	READINGS & ASSIGNMENTS
1	<p style="text-align: center;">Course Introduction Review Syllabus, Classroom Policies</p> <p style="text-align: center;">Section 1: Sport & Exercise Psychology</p>	<p>Course Overview Lecture & Discussion</p>	<ul style="list-style-type: none"> • Complete Foundations Ch. 1. Pgs. 3-26. Quizzes: Complete quizzes before next class begins. • Foundations Ch. 1. Quiz available • Personality Ch. 2 Quiz available
2	Personality	<p>Content review Review chapter 1 Discuss chapter 2 Mini-case exercise</p>	<ul style="list-style-type: none"> • Personality Ch. 2. Pgs. 27-50. Quizzes: Complete quizzes before next class begins. • Motivation Ch. 3 Quiz available • Feedback & Reinforcement Ch. 6 Quiz available
3	Motivation: Feedback & Reinforcement	<p>Content review Review chapter 2 Discuss chapter 3 Class exercises</p>	<ul style="list-style-type: none"> • Motivation Ch. 3. Pgs. 51-74 • Feedback & Reinforcement Ch. 6. 121-152 Quizzes: Complete quizzes before next class begins. • Anxiety & Arousal Ch. 6 Quiz available
4	Anxiety & Arousal	<p>Review chapter 6 Review chapter 4 Group Mini Teaching cases</p>	<ul style="list-style-type: none"> • Anxiety & Arousal Ch. 4. Pgs. 75-100.
5	Section 2: Mental Toughness	<p>Group review (Reflection Presentation & class exercise)</p>	<ul style="list-style-type: none"> • Assigned Readings for Mental Toughness. • Jones, G. (2002). What is this thing called mental toughness? An investigation of elite sport performers. <i>Journal of Applied Sport Psychology</i>, 14(3), 205-218. • Jones, G., Hanton, S., & Connaughton, D. (2007). A framework of mental toughness in the world's best performers. <i>Sport Psychologist</i>, 21(2). 243-264.

6	Mental Toughness	Teaching Case Class Assessment	<ul style="list-style-type: none"> • Assigned Readings for Mental Toughness. • Connaughton, D., Hanton, S., & Jones, G. (2010). The Development and Maintenance of Mental Toughness in the World's Best Performers. <i>Sport Psychologist</i>, 24(2). 168-193. • Weinberg, R., Freysinger, V., Mellano, K., & Brookhouse, E. (2016). Building mental toughness: Perceptions of sport psychologists. <i>The Sport Psychologist</i>, 30(3), 231-241. <p>Quizzes: Complete quizzes before next class begins.</p> <ul style="list-style-type: none"> • Injury Ch. 19 Quiz available • Burnout & Overtraining Ch.21
7	Section 3: Sport Injury, Health & Recovery Burnout & Injury	Review Section 1 & 2 Group exercises Mini-presentations	<ul style="list-style-type: none"> • Burnout & Overtraining Ch.21. Pgs. 505-528 <p>Quizzes: Complete quizzes before next class begins.</p> <ul style="list-style-type: none"> • Group & Team Dynamics Ch. 7 Quiz Available. Complete quiz before next class begins. • Group Cohesion Ch. 8 Quiz Available.
8	ACL Injury Focus	Mini-presentation Group exercises Jigsaw Reading	<ul style="list-style-type: none"> • Group & Team Dynamics Ch. 7. Pgs.153-174. • Group Cohesion Ch. 8. Pgs. 175-198. <p>Quizzes: Complete quizzes before next class begins.</p> <ul style="list-style-type: none"> • Leadership Ch. 9 Quiz Available. • Communication Ch. 10 Quiz Available. <p>Individual Project I due</p>
9	Section 4: Teams, Leadership & Communication	Review Section 3 Mini-presentations Group exercises Individual Project I Returned	<ul style="list-style-type: none"> • Leadership Ch. 9 Pgs. 199-220. • Communication Ch. 10 Pgs. 221-246. <p>Quizzes: Complete quizzes before next class begins.</p> <ul style="list-style-type: none"> • Introduction to Psychological Skills Training Ch. 11. Quiz Available. • Arousal Regulation Ch. 12. Quiz Available. • Imagery Ch. 13. Quiz Available.

10	<p>Section 5: Individual Performance</p> <p>Field Study 1: Olympic Museum</p>	<p>Review Section 4 Field Study: Olympic Museum Discussion Group exercises</p>	<ul style="list-style-type: none"> • Introduction to Psychological Skills Training Ch. 11. Pgs. 247-272 • Arousal Regulation Ch. 12. Pgs. 273-294 • Imagery Ch. 13. Pgs. 295-322 <p>Quizzes: Complete quizzes before next class begins.</p> <ul style="list-style-type: none"> • Self Confidence Ch 14 Quiz Available. • Goal Setting Ch. 15 Quiz Available. • Concentration Ch 16 Quiz Available.
11	<p>Individual Performance: (Continued)</p>	<p>Review Chapters 11-13 Field based discussion Group exercises</p>	<ul style="list-style-type: none"> • Self Confidence Ch 14. Pgs. 323-350 • Goal Setting Ch. 15. Pgs. 351-370 • Concentration Ch 16. Pgs. 371-404
12	<p>Field Study 2: European Water Polo Championships</p>	<p>Field Study: European Water Polo Championships Review Chapters 14-16 Field based discussion Group exercises</p>	<ul style="list-style-type: none"> • Self-directed reading to prepare for integrated Case Class Assessment
13	<p>Team, Coach, Athlete</p>	<p>Course Review (Sections 1-5) Grade check</p> <p>In-class Group Presentation: Integrated Teaching Case Class Assessment</p>	<ul style="list-style-type: none"> • Self-directed reading to complete Individual Project II
14	<p>Final Project Preparation</p>	<p>Class based: Triad work groups</p>	<ul style="list-style-type: none"> • Self-directed reading to complete Individual Project II
15	<p>FINAL (PROJECT II) PRESENTATIONS</p>		

SECTION III: CEA Academic Policies

The policies listed in this section outline general expectations for CEA students. You should carefully review these policies to ensure success in your courses and during your time abroad. Furthermore, as a participant in the CEA program, you are expected to review and understand all CEA Student Policies, including the academic policies outlined below. CEA reserves the right to change, update, revise, or amend existing policies and/or procedures at any time.

CLASS & INSTRUCTOR POLICIES

PROFESSIONALISM & COMMUNICATION: As a student, you are expected to maintain a professional, respectful, and conscientious manner in the classroom with your instructors and fellow peers as well as in CEA Moodle classrooms. You are expected to take your academic work seriously and engage actively in your classes while abroad. Advance class preparation, completing your assignments on time, and showing a focused and respectful attitude are expected of all CEA students. Additionally, it is critical to your success abroad that you express effective interpersonal and cross-cultural communication. Demonstrating your effort to do the best work possible will be recognized whereas unconstructive comments, failure to make adequate academic progress, and lack of compliance with CEA Policies will not be tolerated.

ARRIVING LATE/DEPARTING EARLY FROM CLASS: Late arrivals and/or early departures from class may result in being marked absent as determined by your course instructor. You must comply with in-country, immigration regulations and CEA internal policies by maintaining full-time student status while abroad. Full-time student status for semester programs constitutes enrolling and regularly attending at least 12 US credit hours per week. Full-time student status for summer programs constitutes enrolling and regularly attending at least 3 US credit hours per week per summer term. Consequently, CEA will dismiss from all CEA courses, programs, activities, and housing any student who fails to maintain satisfactory academic progress or full-time student status.

SUBMITTING WORK: All formal written work you carry out in this course (research papers, projects, studies, etc.) must be submitted in the format your instructor stipulates. Your instructor may require you to hand your assignments in electronically and/or in a hard-copy format during class time. You should keep copies of your work until your academic records have been recorded at your home institution, which may take 3 – 12 months after the completion of your program. As a student, you are responsible for providing copies of your work in the event of grade appeals, credit transfer requirements, faculty requests, etc.

LATE HOMEWORK: Homework is due at the specified date and time stated by the course instructor. Late homework may not be accepted and/or points may be deducted. Typically homework submitted several days after the deadline, with no previous discuss with your instructor, will not be accepted. It is at the instructor's discretion to determine penalties for assignments submitted after the due date.

EXTRA CREDIT: Individual student requests for extra credit are not permitted. Extra credit for students who miss classes, quizzes, and/or exams is not available in any circumstance. Typically extra credit will not be awarded; however, in the special event your instructor determines extra credit is available for the class, it is up to his/her discretion on how and when to award opportunities for extra credit. Under no circumstance will extra credit exceed more than 5% of your overall course assessment.

COURSE SECTIONS: You must attend the class section you are enrolled in, and you may not switch sections after the add/drop period unless special permission is granted by the instructor in conjunctions with the onsite Academic Director. Any students who attend a section of a class for which they are not enrolled will not be able to stay for the lesson and will not be considered present unless they attend their assigned section that week.

MAKE-UP CLASSES: CEA reserves the right to schedule make-up classes in the event of an unforeseen or unavoidable schedule change. You are expected to attend any make-up classes, and you should understand that the standard attendance policy will still apply. Make-up classes may be scheduled outside of typical class hours as necessary.

MISSING EXAMINATIONS: Examinations will not be rescheduled. Pre-arranged travel or anticipated absence does not constitute an emergency, and requests for missing or rescheduling exams will not be granted.

ELECTRONIC DEVICES: Always check with your instructor about acceptable usage of electronic devices in class. Any students who create a disturbance or fail to pay attention in class due to electronic devices will receive a warning and must immediately put the device(s) away unless otherwise instructed by the instructor. Inappropriate usage of electronic devices or repeat warnings may lead to a deduction in participation grades and/or class dismissal. Any students asked to leave class will be counted absent for the day.

Cell Phones: Use of a cell phones during class is impolite, inappropriate, and prohibited. All students are expected to show common courtesy to others in order to create a positive learning environment and eliminate distractions for everyone. Cell phones, tablets, watches, and other electronic devices are to be turned off or silenced (do not set to vibrate) and placed in your purse, backpack, briefcase, etc. during class. The same policy applies for any class sessions that may take place outside of the classroom, including guest lectures, academic excursions, site visits, AICAP activities, and so forth.

Laptops: Your instructor will determine whether laptops will be allowed in class. The use of a laptop may be limited to specific purposes including note taking as allowed by special needs/academic accommodations, and/or at the discretion of the instructor. The use of a laptop is prohibited during all tests and quizzes unless otherwise specified by your instructor. If you have any questions, regarding the use of laptops or cell phones, please inquire with your instructor onsite.

ACTIVE LEARNING ENVIRONMENT: As a student, you will have the opportunity to participate in a variety of experiential learning activities throughout the course. These activities may take place during regular class hours or they may occasionally be scheduled outside of class hours. Students should arrive well-prepared and on-time for these activities. Moreover, students are expected to be engaged and respectful as it is a privilege to be invited to these visits and meet with local experts. Disrespectful behavior will result in a warning and/or dismissal from the activity and may result in a grade deduction or absence for the class session.

CEA GENERAL ACADEMIC POLICIES

COURSE ENROLLMENT: It is your responsibility as a student to ensure that your course enrollment records are accurate for all enrolled courses throughout the semester. You should check your MyCEA Account at the beginning of the semester and at the end of course enrollment to ensure you are properly enrolled in all of your desired courses. If a course is missing or an additional course is present, you must resolve the issue with CEA onsite academic staff immediately.

ADD/DROP POLICIES: You may make adjustments to your course schedule during the designated Add/Drop period. Add/Drop periods will be opened according to the scheduling of the CEA Study Center you are attending. All Add/Drop periods will close at the end of the first week of classes for semester programs or on the second day of classes for summer programs. Some limitations may apply to use of the Add/Drop period depending on your offering and/or course enrollments. You are responsible for notifying your home institution of any schedule changes.

COURSE WITHDRAWAL: If you wish to withdraw from a course after the conclusion of the CEA Add/Drop period, you must do so by completing the [*Change of Course Petition*](#) form. You must also notify your instructor in writing of your intent to withdraw from the course. Course withdrawals filed after the end of the first week of classes until the Course Withdrawal Deadline will be reported as a “W” on your academic transcript. The

Withdrawal Deadline for a semester program is the Friday of the ninth week of classes. The Course Withdrawal Deadline for a summer program is at the end of the first week of classes. Course withdrawals may vary or not be available for special programs such as Early Start programs. Please see the Academic Calendar for specific course withdrawal dates for your session. After the Course Withdrawal Deadline, any student effectively withdrawing from a course by virtue of not attending will be given an “F” in accordance with the CEA Attendance Policy. You must remain academically eligible in all cases by complying with the minimum number of credits required to maintain full-time student status. No tuition or course fee refunds or adjustments will be made due to course withdrawals.

MONITORING GRADES & ATTENDANCE: You are responsible for monitoring your grades and attendance records throughout the course. Any questions or concerns should be discussed immediately with your instructor and/or onsite academic staff. Your grading and attendance records can be accessed via your MyCEA Account at any time throughout your program. You are responsible for adhering to the attendance policy as outlined earlier in this syllabus.

ACADEMIC INTEGRITY: CEA is an academic community based on the principles of honesty, trust, fairness, respect, and responsibility. Academic integrity is a core value which ensures respect for the academic reputation of CEA, its students, faculty, and staff. CEA expects that you will learn in an environment where you work independently in the pursuit of knowledge, conduct yourself in an honest and ethical manner, and respect the intellectual work of your peers and faculty. Students, faculty and staff have a responsibility to be familiar with the definitions contained in, and adhere to, the [CEA Academic Integrity Policy](#). Violations of CEA’s Academic Integrity Policy may result in serious consequences, including course failure and/or program dismissal. CEA reserves the right to share information of such violations with your home institution.

ACADEMIC & SPECIAL NEEDS ACCOMMODATIONS: CEA is supportive of students who require academic and/or special needs accommodation(s) while studying abroad. If you would like to request accommodations while abroad, you must notify CEA in advance and provide documentation no later than one month prior to the start of classes. Students requesting academic and/or special needs accommodation(s) must submit CEA’s Academic & Special Needs Accommodation(s) form. CEA will review requests to determine whether accommodation(s) can be granted. The extent to which accommodations can be provided depends on the nature of the accommodation needed, the availability of accommodations in the host country, and the costs of available services. Late requests for accommodations are subject to review, and CEA may not be able to provide accommodations without sufficient notice. Retroactive requests for accommodations will not be considered. You can learn more about academic and special needs accommodations by reviewing the [CEA Disability Policy](#).

RELIGIOUS HOLIDAYS: CEA is sensitive to, and supportive of, the fact that faculty, staff and students constitute a rich mixture of religious and ethnic groups. CEA recognizes that many religious holidays merit and/or require absence from scheduled classes. CEA instructors will make reasonable accommodations for any students who must miss a class, exam, or other academic exercise because of a required religious observance. In order to request religious accommodations, you must complete the CEA Religious Observance Request form and submit the form to your instructor and/or CEA onsite academic staff. To be considered eligible for religious accommodations, you must submit this form by the end of the second week of classes for semester programs or by the end of the second day of classes for summer programs. Students participating in religious accommodations must submit any missed work in advance of the holiday and will be required to make up missed class time through alternate assignments to receive full credit for time out of class.

ACADEMIC ELIGIBILITY: You must remain academically eligible to participate in CEA classes. Factors determining eligibility are outlined in the CEA Student Policies and include: full-time student status, satisfactory academic progress, and complying with academic and attendance policies. Whether you plan to transfer course grades back to your home institution or not, CEA expects that you will complete all graded assessment categories for each course in which you are enrolled. Failure to complete course requirements will result in

grade penalties, and may lead to academic probation and/or program dismissal if you are unable to maintain satisfactory academic progress or full-time student status in your program.

EARLY PROGRAM DEPARTURE: CEA understands that occasionally unforeseen circumstances warrant a temporary leave of absence or a program withdrawal from your study abroad program. CEA is committed to working with students to ensure each case is carefully evaluated and all academic options within reason are considered. All students requesting a temporary leave of absence (not to exceed 2 weeks in a semester program, some exceptions apply), or those wishing to withdraw from their academic program for medical or other reasons, must complete the Leave of Absence and Withdrawal Form at the time of the request. Academic credit may/may not be available, depending upon the request. All requests are subject to review by CEA Academic Staff.

COURSE & INSTRUCTOR EVALUATIONS: You will have the opportunity to evaluate both the class and the instructor at the conclusion of the course. Your constructive participation in the evaluation process is important and appreciated.

TRANSCRIPTS: Academic transcripts for this course will be available approximately 90 days following your program's end date. Transcripts for all CEA Study Center courses will be provided by CEA's School or Record, the University of New Haven (UNH) of West Haven, Connecticut. For any questions regarding your academic transcript, please contact: Transcripts@ceaStudyAbroad.com

GRADE APPEALS: If you would like to appeal your earned grade for a CEA Study Center course, you may do so by completing the CEA Grade Appeal Application form and submitting it to Academics@ceaStudyAbroad.com. For students participating in semester programs, you must submit the request form within the 60-day period following your program end date. For students participating in yearlong programs, (or, for academic year students, the end of the semester in which the course was taken). Upon receiving course grades through the MyCEA Account, you may initiate the appeal process by filling out and submitting to Academics@ceastudyabroad.com and your onsite academic staff the CEA Grade Appeal Application Form.

The grade appeal must concern an end-of-semester form of assessment calculated after your program's end date. It is your responsibility to address all interim grading issues directly with your instructor(s) while onsite. The appeal procedure and the grade re-evaluation it requires do not guarantee a change in grade and could result in an increase, no change, or decrease in the final grade. Any change is subject to a ruling by the course instructor in consultation with the onsite Academic Director and must be based on the academic evidence provided by you. Please note that you may need to submit copies of your work and/or emails conversations with your instructor if you are disputing a grade. CEA recommends keeping records of your academic work and communication with instructors until your academic records have been recorded at your home institution which may take 3 – 12 months after program completion.

Upon receiving the results of the review and the decision of the instructor, CEA staff will inform you of the outcome of the appeal. Students who decide to submit a secondary appeal must submit a Grade Appeal Review Petition to the Department of Academic Affairs at academics@ceaStudyAbroad.com within 15 days of being informed of the initial appeal decision. Secondary appeals will be reviewed by CEA's Academic Review Board. All decisions from the Academic Review Board are final.

ALL CEA POLICIES: As a CEA student, you are expected to adhere to the policies outlined in this syllabus as well as all CEA policies located at <http://www.ceastudyabroad.com/student-policy/cea-policies>. If you are participating in a hybrid program with CEA, you are similarly expected to adhere to all policies at the foreign partner institution you attend. Regardless of programming option chosen, all students are expected to adhere to the policies of their home institutions while studying abroad with CEA.